Here at Tigerlily, Breast Cancer Awareness is every day. In October, the world shines a spotlight on a disease that impacts every 1 in 8 women during her life. Educate yourself and your community. Empower yourself through self-breast exams and annual mammograms. Advocate for your health and life saving treatment.

May this issue leave you inspired to act. Today.

MY LIFE Matters Magazine

In this special MY LIFE edition on triple negative breast cancer (TNBC), Tigerlily Foundation & Elephants and Tea share the stories and experiences of patients who are living with or have lived through TNBC. A special shout out to the AMAZING Sharon Kidd who is both the feature article and cover of this special issue. We also hear from 12 ANGEL Advocates/patient advocates in addition to insights and tips from medical experts about this important topic.

Thank you to the many contributing authors listed below who shared their stories and insights in this beautiful and inspirational special issue.

Catrina Crutcher * Se’nita Harris * Melissa Ward * Sharon D. Kidd *Tonya Hicks* Rheila A. Parker * Keisha Stephney * Daria Ross *Kimberly Skinner * LaToya Bold- Johnson* Lisa Orr * Kelli Davis * Deriece Harrington * Michelle Ferretti * Tyler Pudleiner * Adam L. Cohen * Khamai Simpson * Dr. Corinne Jordan * Dr. Tara Schapmire

CLICK HERE TO VIEW THE FULL MAGAZINE
Tigerlily Foundation’s BREATHE Tv is a sacred space, an educational and inspirational breast cancer lifestyle web series that brings together patients, providers and loved ones in a space of purpose, while engaging in authentic and meaningful conversations about cancer.

Here are our first 2 episodes from Season 3. In episode 1, we dive into the topic of bone health. Maimah will sit down with Valencia Robinson, patient advocate and Pure Cat Yoga instructor, and our ANGEL Advocate, Marquita Goodluck, for an intimate discussion on the impact cancer has on our bones. Bone pain, bone loss and health complications can be a result of cancer, cancer treatments, or an ongoing issue that is a part of survivorship when treatment is completed.

Join us in watching ANGEL Advocates Se’Nita Harris and Keisha Stephney as they talk about the emotional impact that triple negative breast cancer (TNBC) has had on their lives. Listen to how each of them has taken charge of their lives and is making every moment count.
ANGEL Advocacy – Cohort 11 Graduates!

Please join us in congratulating our newest ANGEL Advocate Graduates! These incredible and inspiring ladies have accepted the challenge to BE THE CHANGE and will be working in their communities to amplify the patient voice for health equity.

If you want to be part of our next ANGEL cohort:

CLICK HERE TO APPLY!

Surviving Breast Cancer

Join Women of Praize and Tigerlily Foundation
October 13, 2022 from 7-8pm for a conversation about breast cancer and hear powerful stories from women who have survived it.

CLICK HERE TO REGISTER!
Angels in Action

Join Tigerlily Foundation’s ANGEL Advocacy Program, Los Angeles McDonald’s franchisees Nicole Harper Rawlins, Kerri Harper-Howie and Black Girls Ride for an inspiring morning of breast cancer education and advocacy. McDonald’s breakfast will be served!

Location: 1733 Alameda St. Compton, CA.

Tigerlily’s ANGELs In Action!
Join Tigerlily Foundation and a panel of patient experts on October 14 and 21, as we host our virtual #KnowMoreDisparities and #PullUpASeat conversations, this month we cover the topic of Financial Burdens to Care. Register through the links below!

CLICK HERE TO REGISTER FOR #KNOWMOREDISPARITIES ON OCTOBER 14

CLICK HERE TO REGISTER FOR #PULLUPASEAT ON OCTOBER 21

Join us on Wednesday, October 19 at 8pm EST for a #TLCTransform twitter chat as we discuss financial burdens to care with patients.

CLICK HERE TO FOLLOW OUR TWITTER
In Case You Missed It!  
Runway to the Cure

We are excited to have several ANGEL advocates and our Founder, Maimah Karmo, model the latest fashions from Scout and Molly on Sunday, October 2 at 1 pm at the #Hyatt Regency in Reston, Virginia. Reston Runway to the Cure, Inc. stages an annual fashion “runway” event in the Reston Town Center to raise funds for national breast cancer research and local patient assistance programs. All the models participating in the show are former or current breast cancer warriors.

It isn’t too late to donate!

CLICK HERE TO DONATE THROUGH OCTOBER 31
Congressional Black Caucus Author Showcase Book Signing

Congratulations to our ANGEL Lead, Neosho Ponder, who showcased her phenomenal book, “God’s Got Jokes” at the Author Showcase Pavilion.

Tigerlily at the Congressional Black Caucus Community Breakfast and Health Fair

It was an absolute joy for Tigerlily and our advocates to participate as a sponsor at the Congressional Black Caucus Community Breakfast and Health Fair on September 29. With our advocates present, we provided educational resources and a safe space for conversations around breast health for women in Washington DC. We look forward to participating next year and continuing to make an impact in our community.

Founded by the Congressional Black Caucus Spouses, this partnership between the CBCF and a local homeless and/or transitional center provides services to the homeless and low-income population of Washington, D.C. At this event, CBC members, CBC spouses and sponsorship partners serve breakfast and provide health screenings to the population served by the center.

The Community Breakfast and Health Fair provides an opportunity for members of Congress, spouses, and corporate and community partners to participate in a community service event during the ALC. This event continues a longstanding tradition of direct community involvement by CBCF partners and stakeholders.
Tigerlily Foundation x Cloztalk Merch

We are now partnered with CLOZTALK, which raises awareness for more than 400 nonprofits through charity-branded apparel, at no cost to the nonprofit. CLOZTALK promotes us by producing cool, high-quality apparel through a customized webstore at www.CLOZTALK.com. CLOZTALK makes our apparel, handles fulfillment of our orders, and provides customer service, so we can focus our time and resources on serving our mission. CLOZTALK’s vision is to change the way people think about the messaging and connective power of apparel to raise brand identity for meaningful causes, like us!

CLICK HERE TO PURCHASE YOUR OWN TIGERLILY MERCH
Inclusion Pledge Partner Highlight

The **Patient Empowerment Network (PEN)**, a Tigerlily Foundation Inclusion Pledge Partner, has created an on-demand Patient Empowerment Network program to enhance digital literacy: **Digitally Empowered™**.

The Digitally Empowered™ course helps individuals become more tech-savvy so they can find information and support to be empowered throughout their cancer journey. The program is a **completely free, on demand, ten-module course** that walks participants through the basics of technology as they learn how it can be effectively utilized to navigate their cancer journey.

Digitally Empowered™ opens the door to a whole new world of knowledge and tools to help you with tasks such as researching your condition, asking informed questions, and taking an active role in shared decision making with your care team.

PEN wants to share this amazing resource with as many people as possible! Tigerlily Foundation is here to help support our pledge partner in getting the word out.

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**Knowledge is Power – The Black Breast Cancer Experience**

Registration is now open for Knowledge is power:

The Black breast cancer experience! Join us for this empowering and informative three-part series about disparities in breast cancer care.

[Click here to learn more](#)
CURE 2023 Calendar Contest

CURE® invites readers to submit artwork that celebrates life for a chance to be featured in CURE®’s 2023 calendar. There are so many emotions that come with a cancer diagnosis and with cancer survivorship. Creating art out of this challenging experience can be both therapeutic to the artist and inspiring to others. Check out the 2022 calendar to see the inspiring pieces of art from our readers.

Submit your artwork by October 17!

LEARN MORE HERE!

Share your story to inspire CURE’s readers and get swag!

Storytelling drives human connection and makes us feel less alone. By sharing their point of view, patients will help support our mission to combine science and humanity to make cancer understandable. Let’s make difficult conversations easier and share the lessons you have learned. CURE® is accepting written submissions for the Share Your Story section of our website. Writers who have their work published will also be eligible to get some free CURE® swag! Write a 400- to 800-word article and send to editor@curetoday.com to submit your entry.

LEARN MORE HERE!
Ask the Expert – Creating an Exercise Plan for Healthy Bones

Join us on World Osteoporosis Day, October 20th at 12PM ET, as BHOF’s CEO Claire Gill interviews exercise expert Amy Van Liew about the most frequently asked questions we receive on exercise for bone health. We’ll discuss how exercise, physical activity and safe movement all play an important role in building and maintaining bone health throughout our lives.

CLICK HERE TO REGISTER!

You’re Invited to the Fall 2022 WCG Patient Forum - A Virtual Event. October 26th, 2022 | 10am-2pm ET Collaboration and Inclusion of Patients in Clinical Trials –Understanding What’s Critical for All Stakeholders

Join us online on Wednesday, October 26th from 10:00 am – 2:00 pm ET to hear from patients, their families and advocates, scientists, physicians, and clinical trial specialists from hospitals and drug companies about the importance of a patient-centric clinical trial, better understanding the patient experience, and how we as an industry can improve.

REGISTER HERE
Tigerlily Staff at THE Convening hosted by Gilead Sciences in San Francisco, California

Tigerlily in the news

Maimah Karmo, Tigerlily Founder and CEO, participated in a panel entitled “Investing in the Invisible: Strategies to advance risk identification, communication, and reduction” at the NCCN Summit on September 16. The summit examined practice changes and trends in legislative and regulatory efforts that affect patient access to cancer screening and risk reduction, where they explored the evolution of risk identification, reduction strategies and early detection. Other speakers included Danielle Carnival, PhD, a coordinator of the White House Moonshot Initiative; Lisa Richardson, MD, MPH, Director of the Division of Cancer Prevention and Control, Centers for Disease Control and Prevention (CDC); and Carol M. Mangione, MD, Chair of the United States Preventive Services Task Force (USPSTF). Tigerlily is honored to be a part of this important work.

YOU CAN SEE MORE, ALONG WITH A QUOTE FROM MAIMAH AT THE CONFERENCE, FEATURED IN YAHOO ENTERTAINMENT