Through our programs, we seek to educate and empower women of all backgrounds, including those at heightened risk, those facing health disparities, and those with less access to care. We strive to improve the quality of life and end isolation among breast cancer survivors. Most importantly, we encourage and endeavor to empower fearless females in every stage of their journey, and to show them that they are not or alone, but are beautiful, strong like the tiger and the lily, and that they can be transformed – during and after breast cancer.

WORK WITH TIGERLILY FOUNDATION AND YOUNG WOMEN LIKE YOU

- Get smart about your breast health and educate others.
- Regularly talk to your friends and family about breast health and advocate with us for young women’s breast wellness.
- Help us start programs in your community.
- Place our brochures in your local schools or university health centers and in the offices of your oncologist, radiologist, surgeon, general practitioner and medical team.
- Start a fundraiser to support our programs.
- Host or sponsor an event to promote breast health education or advocacy.
- Refer young women to our website and social media pages.
- Donate to Tigerlily or volunteer your time and talents.

Tigerlily Foundation educates, empowers, advocates for and supports young women - before, during and after breast cancer.
PROGRAMS FOR YOUNG WOMEN
Before, during and after breast cancer diagnosis

EDUCATION

Digital Education Initiatives Reaching patients where they are and putting timely information at their fingertips is critical. Our Digital Education Initiatives deliver patient education information through web-based content, blogs, videos, listening summits (virtual and live), social media and other outlets.

Masterclasses Educational online learning modules with complimentary downloadable content that provide facts and information on various aspects of the breast cancer experience and give viewers the opportunity to learn directly from experts in the field.

EMPOWERMENT

Hope Box Package curated with educational tools including card deck with educational information, a voucher for CARE Coaching, our New Normal Journal navigating survivorship, and soothing gifts to empower breast cancer patients.

BREATHE Tv A sacred and inspirational space focused on the lifestyle and emotional experiences related to breast cancer. This lifestyle web series brings together patients, providers and loved ones in a space of purpose and intention, while engaging in authentic and meaningful conversations about cancer.

POWER (People Driven Outcomes through Real World Research) Engage people and patients in collaborations with scientific and research communities in real world research projects, encouraging stakeholders to collaborate with diverse communities to co-create patient-driven and patient-advised solutions – leading to better health outcomes for women, as part of health equity and social justice.

ADVOCACY

The Health Equity Advocacy Leadership (HEAL) Center of Excellence Applies a healing lens as we work to create systemic transformation through changes in people and policies at the local, state, and federal level to achieve Health Equity, End Barriers, Improve Access, and Integrate Leadership through Patient Innovation.

Young Women’s Breast Health Day on the Hill Event brings together patients, healthcare providers, industry, policy and legislative representatives and other stakeholders in our annual advocacy day focusing on breast cancer initiatives.

ANGEL Advocacy (Advocate Now to Grow, Empower and Lead) Mobilization of Black women to become knowledgeable advocates about breast cancer and disparities, empowered to create change, while partnering with research and scientific communities to ensure clinical trials, studies, programs and content are relevant to their population, and they are partners working to end health disparities.

#InclusionPledge Provides framework across stakeholders to identify and track equity actions, ensure accountability within organizations to make specific, measurable outcomes to dismantle systemic barriers, and co-create solutions that will result in health equity for Black women and end disparities.

Disparities Initiatives Initiatives focused on directing, advocating for change within communities facing the highest disparities, collaborating with the scientific community, policymakers, healthcare systems, healthcare providers and all stakeholders. Through these activities, we collaborate through listening summits, town halls, health equity assessments, training and a variety of activities, to end disparities and improve outcomes for communities of color.

RACE Alliance An alliance developing and evaluating evidence-based initiatives, executing public and healthcare professional education, and conducting research focused on ending barriers for Black women.

#KnowMoreDisparities & #PullUpASeat A bi-directional conversation series/listening event. #KnowMoreDisparities | Honest conversations facilitated for and by Black women with Black physicians, patients, and medical clinicians to discuss their experiences of health inequality, implicit racial bias, and lessons learned. This is followed by #PullUpASeat | In partnership with GRASP, Black patient experts and Black medical professionals have conversations with allies, addressing barriers to healthcare and identifying solutions impacting Black women with breast cancer.

Tiger Trials Advocacy focused on building trust and transparency between patients, science, and stakeholders, eliminating barriers to inclusion, achieving equity, and transforming the future of clinical trials. #TigerTrials

SUPPORT

MY LIFE (Metastatic, Young, Living In Focus, Empowered) Support resources including My Life is My Legacy Video Series, My Life Matters Magazine, blog posts, guidebook, webinars and more meeting the unique needs of young women living with metastatic breast cancer. #ListenUpMBC

SPIRIT & Pure Cat Initiative Transformative resources for patients and caregivers including virtual weekly holistic wellness classes, 24/7 non-denominational prayer line, blog, and an annual SPIRIT Retreat. #TLCtransform

Funds for Families Grants to support patient needs and provide wraparound financial support.

TIGERLILY FOUNDATION AND YOU
Working Together For Young Women’s Breast Health

Tigerlily Foundation began with a promise that founder Maimah Karmo made to herself after being diagnosed with breast cancer as a young woman while still in treatment. She vowed, if she survived, to help young women transform their cancer diagnosis as a catalyst for discovering their own life’s purpose and passion.