

Raise Your Glass - P!nk

Step by Step Choreography

Timing of this document is corresponding with the BACK facing video

Verse 1 Choreography – Right Right (0:05 – 0:20)

Chorus 1 – Party Crasher & Raise Your Glass (0:21 – 0:59)

Verse 1 Choreography – Slam Slam (1:00 – 1:15)

Chorus 1 – Party Crasher & Raise Your Glass (1:16 – 2:02) Repeat: Won't you come on and come on and raise your glass, Just come on and come on and raise your glass

Dance Break (2:03 – 2:08)

Verse 3 – Too cool for school (2:09 – 2:26)

Dance Break (2:27 – 2:28)

Chorus 1 – Party Crasher & Raise Your Glass (2:29 – 2:44) Note: Stop after "Dirty little freaks"

Chorus 1 – Party Crasher & Raise Your Glass (2:45 – END)

Verse 1 Choreography – Right Right (0:05 – 0:20)

Bounce on right hip with right thumb doing hand jive (left hand on hip) - x2
Bounce on left hip with left thumb doing hand jive (right hand on hip) - x2

Hands on head, bounce hips and tilt head RLRL - x4

Arms straight and circle together up and around head
Step snap to the R
Step snap to the L

Reach diagonally up with R arm and bring it down, reach diagonally up with L arm and bring it down – x2

Grapevine to the right and jump feet together with arms up

Reach forward with both arms towards the audience slowly

Step forward with right foot, then pivot to **back** by stepping on left foot
Step forward with right foot, then pivot to **front** by stepping on left foot

Chorus 1 – Party Crasher & Raise Your Glass (0:21 – 0:59)

Drag to the right by stepping with right foot the feet together (arms in "L" shape with right arm high)
Drag to the left by stepping with left foot the feet together (arms in "L" shape with left arm high) – 2 bounces on right hip

Step forward with right foot and bring right hand to right ear in "phone" shape

Point fingers with both arms to the audience
Wave both arms together towards the ceiling

Circle arms in the air together to the right and step with right foot, step left together – x2
Right arm drops, left arm drops

Step forward with right foot and present right hand with elbow bent, left hand with elbow bent – shimmy!

Jump with feet together and right arm pumps in the air – x4
Jump with feet together and left arm pumps in the air – x4

Grapevine to the right to clap
Grapevine to the left to clap

Three step turn to the right (feet RLRL)
Arms wave overhead move together to the RLRL

Three step turn to the left (feet LRLR)
Arms wave below waist head move together to the RLRL

Right arms sweeps across front parallel to the floor
Feet jump together and left arm reaches up

"Cmon, cmon" hands to the audience
Right arm high, left arm high melt both arms down

Verse 1 Choreography – Slam Slam (1:00 – 1:15)

Bounce on right hip with right thumb doing hand jive (left hand on hip) - x2
Bounce on left hip with left thumb doing hand jive (right hand on hip) - x2

Hands on head, bounce hips and tilt head RLRL - x4

Arms straight and circle together up and around head

Step snap to the R
Step snap to the L

Reach diagonally up with R arm and bring it down, reach diagonally up with L arm and bring it down – x2

Grapevine to the right and jump feet together with arms up

Reach forward with both arms towards the audience slowly

Step forward with right foot, then pivot to **back** by stepping on left foot
Step forward with right foot, then pivot to **front** by stepping on left foot

Chorus 1 – Party Crasher & Raise Your Glass (1:16 – 2:02)

Repeat: Won't you come on and come on and raise your glass, Just come on and come on and raise your glass

Drag to the right by stepping with right foot the feet together (arms in "L" shape with right arm high)
Drag to the left by stepping with left foot the feet together (arms in "L" shape with left arm high) – 2 bounces on right hip

Step forward with right foot and bring right hand to right ear in "phone" shape
Point fingers with both arms to the audience
Wave both arms together towards the ceiling

Circle arms in the air together to the right and step with right foot, step left together – x2
Right arm drops, left arm drops

Step forward with right foot and present right hand with elbow bent, left hand with elbow bent – shimmy!

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"Cmon, cmon" hands to the audience
Right arm high, left arm high melt both arms down

REPEAT:

"Cmon, cmon" hands to the audience
Right arms sweeps across front parallel to the floor
Feet jump together and left arm reaches up

"Cmon, cmon" hands to the audience
Right arm high, left arm high melt both arms down

Dance Break (2:03 – 2:08)

Step snap and dance around until next verse starts

Verse 3 – Too cool for school (2:09 – 2:26)

Walk 4 steps to the front (RLRL) snap right arm to the audience, Bounce on left hip – x2

Walk 4 steps to the back
Windmill arms to the front (Right arm then left arm follows) to squat on the ground

Slowly roll up and shake hands out to the sides (like you're trying to get water off)

Step touch to the right with arms sweeping across the body to the right

Step touch to the left with arms sweeping across the body to the left

Right arm comes to front bent and in a fist
Left arm comes to front bent and in a fist

Pump arms and torso – x8

Dance Break (2:27 – 2:28)

Dance break until chorus restarts!!

Chorus 1 – Party Crasher & Raise Your Glass (2:29 – 2:44)

Note: Stop after "Dirty little freaks"

Jump with feet together and right arm pumps in the air – x4

Jump with feet together and left arm pumps in the air – x4

Grapevine to the right to clap
Grapevine to the left to clap

Three step turn to the right (feet RLRL)
Arms wave overhead move together to the RLRL

Three step turn to the left (feet LRLR)
Arms wave below waist head move together to the RLRL

STOP and REPEAT

Chorus 1 – Party Crasher & Raise Your Glass (2:45 – END)

Jump with feet together and right arm pumps in the air – x4

Jump with feet together and left arm pumps in the air – x4

Grapevine to the right to clap
Grapevine to the left to clap

Three step turn to the right (feet RLRL)
Arms wave overhead move together to the RLRL

Three step turn to the left (feet LRLR)
Arms wave below waist head move together to the RLRL

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REPEAT:

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"FOR ME": Pose by snapping to the audience with your right hand!

