The Tigerlily Foundation’s MY LIFE Program is dedicated to sharing and learning about the perspective and unique challenges facing young women living with metastatic breast cancer, the MBC community and what they are doing to change it.
Tigerlily Foundation’s MY LIFE program was designed for young women living with metastatic breast cancer, by young women living with metastatic breast cancer. One of the most powerful initiatives of our metastatic breast cancer program, is our MY LIFE Blog, which launched in February 2016.

The MY LIFE Blog is a guest-written blog with contributions from young women living with metastatic breast cancer, health writers, MBC foundations, top advocates and others offering connection, support, advice, raw emotion and advocacy opportunities. The blog currently has accrued more than 21,000 views - spanning across the globe.

Annie Bond, a blog writer used the platform to share how she continues to pursue her career in comedy with her MBC diagnoses:

“I have not stopped pursuing my dream since my diagnosis, and have in fact been working towards it harder than ever. Cancer made me want to run away from my dreams, made me feel hopeless, but comedy makes me feel strong and capable. I know I will be fighting this stupid disease until science can cure it or my body rids itself of it, and I would much rather fight through laughter than tears.”

Visit the blog to read more: mylife-tigerlilyfoundation.blogspot.com/

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The MY LIFE Podcast series features patients, influencers, and partners, discussing what matters most while living with metastatic breast cancer.

Available through iTunes or your favorite Podcast Platform

- **February 27, 2017**  
  Maggie Kudirka  
  **Bald Ballerina**  
  23 years young, Maggie Kudirka was a member of the Joffrey Concert Group in NYC when she was diagnosed with stage 4 breast cancer in June 2014.

- **February 1, 2017**  
  Renee Sendelbach  
  **Renee in Cancerland**  
  Tigertilly chats with Renee Sendelbach, author and a Stage IV breast cancer thriver, mommy, wife, and artist, learning to enjoy and appreciate life despite having a terminal disease.

- **January 3, 2017**  
  Annie Bond  
  **Cancer and Comedy**  
  Annie Bond, diagnosed with MBC discusses cancer and comedy, pursuing your dreams even after a diagnosis.

- **November 17, 2016**  
  Tricia Russo  
  **Infertility and surrogacy after cancer diagnosis**  
  Tricia Russo discusses infertility and surrogacy after she is diagnosed with metastatic breast cancer with host, nurse and health writer, Erin Azeese.
The MY LIFE Facebook Group offers young women living with metastatic breast cancer a platform to share news, ask questions, and offer words of encouragement.

Check out this inspirational post by Pamela Hogue who shared positive news and thoughts with the Group:

Pamela J Hogue
March 5 at 9:37am · Washington, PA
Good morning everyone!!
I just thought I would give a little HOPE this morning.
I had my scans last week and they were AWESOME!!
The reason I feel the need to share this with you guys is because I definitely did NOT think my scans were going to be good. My right breast (where the cancer was) was pulsating with pain on and off for the last two months. In my mind, it was the cancer returning and the pulsating was it spreading. (It's crazy what FEAR does to our minds!!)
I also had a small spot on my skull on my last scan (not brain, skull- some people misunderstand me when I say this and think I'm saying it progressed to my brain but thankfully it has not) that was so small, they weren't sure if it was true progression or something we had missed before. That small spot wasn't on this scan!
I need to clarify- it's possible that the spot MAY still be there. I'm going off of my CT scan. I missed my bone scan because my brain is still so foggy from chemo I can hardly remember where the hospital is (lol jk). All this fog and I've been done with chemo since December! We need better drugs... desperately.
Anyway... these scans were so important to me because I had this idea in my head that chemo would be the only thing that would work for me and that Herceptin was too good to be true and that it wouldn't even work for one day. I was POSITIVE I would have progression on these scans.
Nope... at least not on the CT. (I understand that the bone scan shows the bones better and that it's possible something may show up on that that wasn't on the CT but just let me be happy for a little bit.)
My point in sharing this is that just because you THINK you have progression does NOT mean you actually do. Hope does exist and I HOPE to stay stable for many many years. I'm 29 and I have so so so much I still need to do.
Most importantly, it would crush my family to pieces if I died. I feel like I'm the one who hugs everyone and says "it will be ok". I don't know who will do that if I'm not here.
Okay I'm going to get emotional so I need to stop haha.
Love you guys! Hold on to hope and try to think positive😊❤️.

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