

Reassurance
by **Alison Stormwolf**

You are loved
Let the realisation settle on you
As the dew in the morning
Refreshes the flower

You are loved
Let the comfort of the knowledge
Enfold you in warmth
Like a soft blanket

You are loved
Let the truth strengthen your heart
A strong shield
Against life's blows

You are loved
In the darkest night
In the bleakest dawn
When your soul cries out
In pain or doubt

NEVER fear
You ARE loved

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